



JOB DESCRIPTION

Job Title:	Travelling Skeleton Team Physiotherapist
Salary:	Contracted £125 day rate, plus all travel, overseas accommodation and subsistence
Status:	Contracted Fixed Term: October 1st, 2018 - March 31st, 2019 (circa 70 days).
Employer:	Contracted to British Bobsleigh & Skeleton Association
Location:	Europe / North America
Responsible to:	British Skeleton Head of Performance Support & Lead Physiotherapist

ROLE SUMMARY

The successful applicant will work collaboratively with the British Skeleton Sports Science Support Team to implement the Sports Science & Sports Medicine strategy aimed at optimising athlete health and wellbeing and increasing athlete availability to maximise performance.

The role will include delivering physiotherapy support services, under the direction of the Performance Department, to athletes across the British Skeleton performance programme to ensure minimal time loss and optimal performance during both training and competition across Europe and North America during the international sliding season. Significant international travel will be required.

MAIN TASKS AND ACTIVITIES

- Deliver effective physiotherapy and soft tissue services to the British Skeleton performance programme within a structured manner that is reflective of training load and necessity, whilst aligning to the British Skeleton Sports Science & Sports Medicine strategy.
- Deliver athlete health strategies to optimise performance across the British Skeleton performance programme.
- Work closely with the Lead Physiotherapist and Head of Strength and Conditioning to fully integrate Physiotherapy interventions into daily training structures.

- Lead the delivery of individualised and group athlete management and rehabilitation programmes and targeted risk management strategies throughout the season as required.
- Liaise closely with the Lead Physiotherapist, Head of Performance and Chief Medical Officer (CMO) regarding injury and illness occurrence.
- Utilise the electronic medical records system (PDMS) for accurate medical record keeping and injury surveillance analysis to inform the Physiotherapy and Medical strategy.
- Comply with professional codes of conduct, standards and guidelines.
- Within the rules of professional confidentiality, liaise with athletes, coaches and other support staff as appropriate.

PERSON SPECIFICATION

The person specification describes the knowledge, skills, aptitudes, experience and qualifications that the British Bobsleigh & Skeleton Association deems necessary for the successful performance of this role.

1. QUALIFICATIONS

Essential

- A qualification at degree level (or equivalent) in Physiotherapy.
- Membership of the Chartered Society of Physiotherapy (MCSP) and registered with the Health Professions Council (HPC).

Desirable

- A qualification at higher degree level (or equivalent) specialising in Sports Physiotherapy / Sport and Exercise Medicine / Sports Rehabilitation.
- Immediate Care in Sport Course Level 2 or equivalent.

2. EXPERIENCE

Essential

- Experience of dealing with national performance programmes within national governing bodies of sport.
- Experience in the provision of physiotherapy services to athletes to improve performance, which should include work with high performance teams or squads.
- A verifiable record of working within a multi-disciplinary team in the delivery of physiotherapy services to high performance sport.
- Experience of working as a first responder for acute trauma management in sport.

Desirable

- An understanding of winter sports and the needs of elite athletes and coaches in a high-performance environment.
- Have travelled with a team(s) to a national competition or training camp at senior or junior level.

3. KNOWLEDGE

- Detailed knowledge of applied functional anatomy/pathoanatomy to inform assessment and clinical reasoning.
- Knowledge of technical skills to underpin the delivery of physiotherapy, rehabilitation & soft tissue services in the sporting environment.
- An understanding of the various sports science and medicine disciplines.
- An understanding of the importance of promoting and supporting equality, safeguarding and anti-doping in sport.

4. SKILLS AND ABILITIES

Essential

- Ability to work under pressure.
- Ability to prioritise own workload.
- Excellent problem solving and decision-making skills.
- Ability to communicate fluently in English.
- Ability to communicate complex data in terms that are easily understood by a wide range of audiences.
- Communication skills that can motivate behavioural change to have a positive impact on performance
- Ability to work effectively and maintain productive relationships with high performance staff, both within the English Institute of Sport (EIS) and British Skeleton, and from other organisations.

5. PERSONAL DISPOSITION

The successful candidate will be a team player who demonstrates;

- A commitment to continuous personal professional development.
- An open minded attitude.
- High levels of motivation with a passion for high performance sport.
- Personal integrity and the ability to invoke trust and respect from others.

6 OTHER CONSIDERATIONS

- Ability to drive internationally.

- Willingness to work irregular and unsocial hours as required, including evenings, weekends and Bank Holidays.
- Willingness to travel abroad extensively, including throughout Europe & North America.
- May be required to work with athletes under 18 and therefore a DBS check is required.

The post holder shares with all colleagues the responsibility:

- i. for making suggestions to improve the working situation and contribute to positive employee relations within their area of work and the BBSA as a whole;
- ii. to cooperate with measures introduced to ensure there is equality of opportunity in employment and sports equity; and in addition for post holders with a management responsibility to encourage their staff to ensure that they comply with all aspects of the equal opportunities in employment and sports equity policies and practices;
- iii. for ensuring that the working environment is free of sexual and racial harassment and intimidation and any other form of harassment constituting unacceptable behaviour which is personally offensive;
- iv. to comply with all aspects of the BBSA Health and Safety Policy and arrangements and, in addition, for post holders with a management responsibility to encourage their staff to ensure that they also comply with all aspects of these arrangements.

This job description is not to be regarded as exclusive or exhaustive. It is intended as an outline indication of the areas of activity and will be amended in the light of the changing needs of the organisation.

To apply, please email your CV and covering letter to office@theBBSA.co.uk by 9am BST on Friday 10th August 2018. Interviews will be held on Tuesday 21st August in Bath.